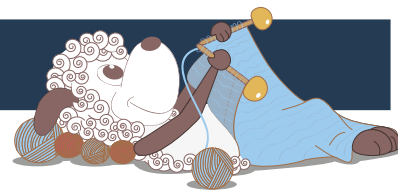


Cuore - a domino knit Christmas heart



Design: Katrine Wohllebe

These hearts are quick and fun little projects. Knit them small in simple garter stitch, or with decorative bobbles or drawstring eyelets. Happy knitting!

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English translation: Signe Strømgaard

Materials

Use yarn and needles that create quite a tightly knit garter stitch fabric such as Arwetta Classic, Arwetta Extra Merino or New Zealand Lammeuld by Filcolana worked on 2,5 mm needles (you need approx. 6-8 g for a large heart), or use Peruvian Highland Wool by Filcolana worked on 4 mm needles you need approx. 15-20 g for a large heart)
Polyester stuffing
Silk ribbon for the heart with the drawstring eyelets

Measurements

Small heart in Arwetta on 2,5-3 mm needles:
Approx. 5 cm wide.
Large heart in Arwetta on 2,5-3 mm needles:
Approx. 11 cm wide.
Small heart in Peruvian Highland Wool on 4 mm needles:
Approx. 9 cm wide.
Large heart in Peruvian Highland Wool on 4 mm needles:
Approx. 17 cm wide.

Gauge

The exact gauge is not important here - but make sure the knitted fabric is quite tightly knit, so the tree holds its shape and the stuffing does not poke through.

Directions for knitting

The shape of the heart is created by decreasing at the center of the work while in- and decreasing at the



both sides. First one side of the heart is worked. Then stitches are picked up and knitted along the cast on edge for the other side of the heart, which is worked in the same way as the first side. Finally the 2 sides are sewn together along the "arches" and the heart is filled with stuffing before the last little bit is sewn together.

Special techniques and abbreviations

Knitted cast-on: This cast-on is very elastic and which makes it perfect for this pattern:

Make a slip knot. Place the needle with the slip knot in your left hand. Knit 1 stitch through the slip knot, but without lifting it off the left needle. You now have 1 stitch on the left needle and 1 stitch on the right needle. Place the stitch from the right needle onto the left needle while twisting it. There are now 2 sts on the left needle. Continue by knitting new sts in the last stitch on the needle, one at a time, and placing them back onto the left needle twisted until you have the required number of sts.

Edges: Work a chained edge, meaning that the first and last stitch on the needle are slipped on every other row (pay close attention to the pattern, as some of the rows are worked differently from the others).

Since the edges are not "used" for anything, the edge stitches could also be worked in simple garter stitch - which would be an easier solution.

M1: Make 1. Increase one stitch by lifting the chain between sts onto the left needle and knitting it through the back loop.

Skp: slip 1 stitch, knit the next stitch, pass the slipped stitch over the knit one.

Sl1, k2tog, pss0: Slip 1 stitch with the yarn help in back, knit 2 sts together, pass slipped stitch over.

Sl1k wyib: Slip 1 stitch knit-wise with the yarn held in back.

Sl1p wyif: Slip 1 stitch purl-wise with the yarn held in front.

SMALL GARTER STITCH HEART

First side

Cast on 19 sts using the knitted cast-on (see notes). Mark the center stitch.

Row 1 (WS): Knit to the last stitch, p1.

Row 2: Sl1k wyib, M1, knit to 1 stitch before the center stitch, sl1, k2tog, pss0 (= new center stitch), knit to the last stitch, M1, p1.

Row 3: Sl1k wyib, knit to the last stitch, p1.

Repeat Row 2 and 3 once more.

There are 3 garter ridges on the RS of the work and 19 sts on the needle still.

Row 6 (RS): Sl1k wyib, knit to 1 stitch before the center stitch, sl1, k2tog, pss0 (= new center stitch), knit to the last stitch, p1.

Row 7: Sl1k wyib, knit to the last stitch, p1.

Repeat Row 6 and 7 once more.

There are 5 garter ridges on the RS of the work and 15 sts on the needle.



Row 10 (RS): Sl1k wyib, knit to 1 stitch before the center stitch, sl1, k2tog, pss0 (= new center stitch), ik str til de 2 sidste m, k2tog.

Row 11: Sl1p wyif, knit to the last 2 sts, k2tog.

There are 6 garter ridges on the RS of the work and 11 sts on the needle.

Bind off loosely (slip the first stitch purlwise and bind it off without knitting it).

Second side

Place the first side of the heart RS up and with the point (the bottom of the heart) facing upward. Pick up and knit 19 sts along the cast on edge from the RS - 1 stitch in each stitch of the cast-on and make sure that the center stitch is picked up exactly at the center of the row.

Work the second side the same way as the first - starting at Row 1.

Finishing

Sew the sides of the heart together from the RS, as well as most of the arches. Fill the heart with stuffing before sewing up the last little bit.

LARGE GARTER STITCH HEART

First side

Cast on 39 sts using the knitted cast-on (see notes). Mark the center stitch.

Row 1 (WS): Knit to the last stitch, p1.

Row 2: Sl1k wyib, M1, knit to 1 stitch before the center stitch, sl1, k2tog, pss0 (= new center stitch), knit to the last stitch, M1, p1.

Row 3: Sl1k wyib, knit to the last stitch, p1.

Repeat Row 2 and 3 another 5 times.

There are 7 garter ridges on the RS of the work and 39 sts on the needle still.

Row 14 (RS): Sl1k wyib, knit to 1 stitch before the center stitch, sl1, k2tog, pss0 (= new center stitch), knit to the last stitch, p1.

Row 15: Sl1k wyib, knit to the last stitch, p1.

Repeat Row 14 and 15 another 4 times.

There are 12 garter ridges on the RS of the work and 29 sts on the needle.

Row 24 (RS): Sl1k wyib, knit to 1 stitch before the center stitch, sl1, k2tog, pssso (= new center stitch), knit to the last 2 sts, k2tog.

Row 25: Sl1p wyif, knit to the last 2 sts, k2tog.

Row 26: Sl1p wyif, knit to 1 stitch before the center stitch, sl1, k2tog, pssso (= new center stitch), knit to the last 2 sts, k2tog.

Row 27: Sl1p wyif, knit to the last 2 sts, k2tog.

Repeat Row 26 and 27 once more.

There are 15 garter ridges on the RS of the work and 17 sts on the needle

Bind off loosely (slip the first stitch purlwise and bind it off without knitting it).

Second side

Place the first side of the heart RS up and with the point (the bottom of the heart) facing upward. Pick up and knit 39 sts along the cast on edge from the RS – 1 stitch in each stitch of the cast-on and make sure that the center stitch is picked up exactly at the center of the row.

Work the second side the same way as the first - starting at Row 1.

Finishing

Sew the sides of the heart together from the RS, as well as most of the arches. Fill the heart with stuffing before sewing up the last little bit.

LARGE HEART WITH BOBBLES

Bobbles

1 bobble: Knit in the front, back, front, back front of the same stitch, turn. P5, turn again. K5 and then pass the 2nd, 3rd, 4th and 5th stitch over the 1st stitch – and the bobble is done.

First side

Work the same as the "large garter stitch heart", until you have 3 garter ridges on the RS, or in other words: Work Row 1-5.

Row 6 (RS): Work as Row 2.

Row 7: Sl1k wyib, purl to the last stitch.

Bobble Row, where only bobbles are worked, but while the sts between the bobbles are slipped (you can work the bobbles in a contrasting color): *Sl3 wyib, 1 bobble (see above)*. Repeat from * to * a total of 9 times. Slip the last 3 sts wyib. Break the yarn.

Slip all of the sts back on the left needle to be worked from the RS again. (The Bobble Row is not counted as a row)

Repeat Row 6 and 7 once more.

Repeat Row 2 and 3 once more.

Finish the heart the same way as the "large garter knit heart". Begin at Row 14.

Heart second side and finishing

Work the same way as the "large garter knit heart", though with bobbles on the second side as well.

LARGE HEART WITH DRAWSTRING EYELETS

First side

Work the same as the "large garter stitch heart", until you have 3 garter ridges on the RS, or in other words: Work Row 1-5.

Row 6 (RS): Work as Row 2.

Row 7: Sl1k wyib, purl to end of row.

Row 8 – with eyelets: Sl1k wyib, M1, k1, *k2tog, yarn over, k2*. Repeat from * to * twice more. K2tog, k2, yarn over, sl1, k2tog, pssso, k2, **yarn over, skp, k2**. Repeat from ** to ** twice more, yarn over, skp, k1, M1, p1.

Row 9: Work as Row 7.

Repeat 2 and 3 once more.

Finish the heart the same way as the "large garter knit heart". Begin at Row 14.

Second side

Work the same way as the "large garter knit heart", though with eyelets on the second side as well.

Finishing

Sew the sides and arches of the heart together from the RS, but leave a small opening. Pull a length of silk ribbon through the eyelets – starting and ending in the middle of the heart (you can also pull the ribbon under the seam by making a couple of "fake eyelets". This will help the ribbon lie neatly at the edge). Pull a second ribbon through the eyelets on the other side of the heart. Fill the heart with stuffing before sewing up the last little bit. Tie each of the two ribbons into a bow.