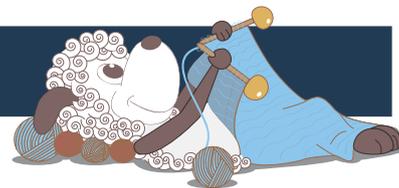


Alina - a sweet and feminine cardigan for girls



Design: Sanne Bjerregaard

The designer tells us this about the sweet and feminine cardigan Alina: "I love the combination of the Pernilla and Tilia yarns. This mix of yarns is both lovely to work with and lovely to wear. For Alina I have played with this mix of yarns and framed the sweater by only using Tilia for the rib edges. Alina is a slightly oversized, short cardigan with deep raglan armholes. The design is worked from the top down, so it is easy to adjust the fit by extending or shortening the body and sleeves". If you would like to knit a grown-up version of the cardigan, the design is called "Anneli".

3rd English edition - March 2020 © Filcolana A/S
English translation: Signe Strømgaard

Materials

(100) 150 (150) 200 (250) g Pernilla by Filcolana in colour 826 (Cantaloupe)
(50) 75 (75) 100 (100) g Tilia by Filcolana in colour 350 (Sienna)
4 mm and 4,5 mm circular needle, 80 cm
6 buttons

Sizes

(2 years/92 cl) 4 years/104 cl (6 years/116 cl) 8 years/128 cl (10 years/140 cl)

Measurements

Body, chest: (52-55) 56-60 (61-66) 67-72 (73-79) cm
Cardigan, chest: (63) 68 (74) 79 (84) cm
Total length (measured mid back incl. neck edge): (32) 36 (39) 41 (44) cm
Sleeve length (measured from under arm): (23) 30 (33) 36 (39) cm



Gauge

20 sts and 25 rows in stockinette stitch on a 4,5 mm needle with 1 strand of Pernilla and 1 strand of Tilia held together = 10 x 10 cm.

Description

Alina is a slightly loose fitting, short cardigan with deep a raglan armhole. All rib edges are worked in 3 strands of Tilia held together, while the rest of the cardigan is worked in 1 strand of Tilia and 1 strand of Pernilla held together. Alina is worked from the top down, which makes it very easy to adjust the length of the sleeves and body as desired.

Directions for knitting

Alina is worked from the top down. Short rows are worked on the yoke to create a good fit. The raglan increases on the yoke form a little, simple eyelet pattern. To make it easy to maintain the same gauge throughout the work, the sleeves are worked back and forth the same way as the body. The sleeves can just as easily be worked in the round to avoid having to sew the sleeve seams at the end.

Tip

3 strands of Tilia are held together for the rib edges. This can easily be done working from one skein of yarn. Search "knitting with 3 strands" on Youtube, where you will find several good videos showing the technique.

Special abbreviations

Tbl: through the back loop

Special techniques

Knitted cast-on: Turn the work, *k1 leaving the "old" stitch on the left needle, slip the new stitch from the right to the left needle, twisting it a half turn before placing it on the left needle *, repeat from * to * until you have cast on the desired number of sts, turn the work again and continue as instructed.

Buttonhole: Work in rib from the RS to where the buttonhole is placed: Slip the next 2 sts from the left to the right needle without knitting them, then pass the 2nd stitch on the right needle over the 1st (as for a normal bind off), slip the first stitch on the left needle to the right needle and pass the 2nd stitch over the 1st once more. 2 sts have now been bound off. Slip the stitch left on the right needle after the bind off back to the left needle. Turn and cast on 3 new sts using the knitted cast-on technique, turn the work back to the RS again, slip the 1st stitch on the right needle to the left needle, work together the first 2 sts on the left needle – knit-wise or purl-wise as the rib pattern shows. Continue in rib to the next buttonhole.

Raglan increase pattern

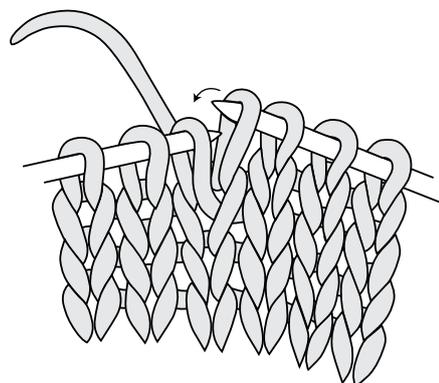
Row 1 (RS): *Knit to marked stitch, yarn over, k1 (marked stitch), yarn over*, repeat from * to * at all 4 marked raglan sts, then knit to end of row.

Row 2: Purl to end of row.

Short rows with shadow twins**- from the RS**

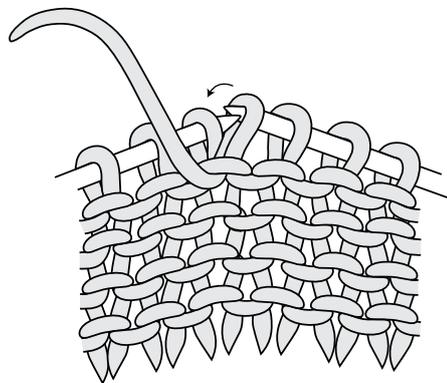
Turn the work towards you. Insert the right needle through the "back of the neck" of the stitch below the next stitch on the needle as if to knit. Pull the working yarn through to create a stitch.

Place this stitch (the shadow twin of the stitch on the needle) onto the left needle. Turn and continue according to the pattern. When the stitch with the shadow twin is worked, the stitch and the twin are worked together as if they were one stitch.

**- from the WS**

Insert the right needle into the "back of the neck" of the stitch below the next stitch on the needle as if to purl. Pull the working yarn through to create a stitch.

Place this stitch (the shadow twin of the stitch on the needle) onto the left needle. Turn and continue according to the pattern. When the stitch with the shadow twin is worked, the stitch and the twin are worked together as if they were one stitch.



Row 3: *Knit to 1 stitch before the marked stitch, yarn over, k1, k1 (marked stitch), k1, yarn over*, repeat from * to * at all 4 marked raglan sts, then knit to end of row.

Row 4: Purl to end of row.

Repeat Row 1- 4.

Yoke

Cast on (63) 67 (71) 71 (75) sts on a 4 mm circular needle with 3 strands of Tilia held together. Work back and forth on the circular needle.

Row 1 (WS): P1, *p1, k1*, repeat from * to * to the last 2 sts, 2 vr.

Row 2: K1, *k1, p1*, repeat from * to * to the last 2 sts, k2.

Repeat Row 1 and 2 until the rib measures 2 cm. End on a RS row.

Change to a 4,5 mm needle and break 2 of the 3 strands of Tilia. Join 1 strand of Pernilla and continue with 1 strand of Tilia and 1 strand of Pernilla held together.

Purl 1 row.

Next row (RS): Knit (11) 12 (13) 13 (14) sts, yarn over, knit (8) 9 (9) 9 (9) sts, yarn over, knit (25) 25 (27) 27 (29) sts, yarn over, knit (8) 9 (9) 9 (9) sts, yarn over, knit (11) 12 (13) 13 (14) sts. There are now (67) 71 (75) 75 (79) sts on the needle.

Start the raglan increase pattern, while at the same time working short rows to shape the neckline as follows:

Next row (WS): Purl to first yarn over, purl yarn over and mark this stitch (raglan stitch), *purl to next yarn over, purl yarn over and mark this stitch (raglan stitch)*, repeat from * to * until the last yarn over has been purled and marked, p1, turn (creating a shadow twin stitch from the WS).

Next row: Work Row 1 of the raglan increase pattern to 1 stitch after the last marked stitch, turn (creating a shadow twin stitch from the RS).

Next row: Work Row 2 of the raglan increase pattern to the stitch with the shadow twin stitch from the last WS row, purl stitch with shadow twin, turn (creating a shadow twin stitch from the WS).

Continue as established working the raglan increase pattern and short rows with shadow twins on the next stitch after the last shadow twinned stitch until a total of (4) 5 (6) 6 (7) turns have been worked on either side of the work and there are 6 sts on the needle after the last turn.

On the next 4 short rows, work the shadow twinned stitch and one stitch after it before turning again. There are now 2 sts left on the needle after the last turn.

The short rows have been completed.

Now work back and forth across all the sts on the needle, continuing to work the raglan increase pattern

as established until a total of (7) 8 (9) 10 (11) raglan pattern "angles" or "arrows" have been worked. End of Row 4 of the pattern, which is a WS row. There are now (25) 28 (31) 33 (36) sts on each front, (36) 41 (45) 49 (53) sts on each sleeve and (53) 57 (63) 67 (73) sts on the back.

There are now a total of (179) 199 (219) 235 (255) sts on the needle incl. the 4 marked sts.

Next row (RS): *Knit to the marked stitch, yarn over, k1, slip the next (36) 41 (45) 49 (53) sts to a stitch holder (sleeve), cast on (7) 7 (7) 8 (8) new sts in extension of the sts on the needle using the knitted cast-on technique, k1, yarn over*, repeat from * to * once more, knit to end of row.

There are now (125) 135 (147) 157 (169) sts on the needle for the body.

Body

Next row (WS): *Purl to 1 stitch before the newly cast-on sts at the underarm, p2tog tbl, purl (4) 4 (4) 5 (5) sts, p2tog tbl*, repeat from * to * once more, purl to end of row.

There are now (121) 131 (143) 153 (165) sts on the needle.

Now work straight in stockinette stitch until the work measures (29) 33 (35) 37 (40) cm from the cast-on edge. End on a WS row.

Break the strand of Pernilla and join 2 more strands of Tilia to work the rib edge in 3 strands of Tilia held together.

Change to a 4 mm needle.

Next row (RS): Knit (6) 8 (3) 7 (5) sts, *k2tog, knit (5) 4 (5) 4 (4)*, repeat from * to * to the last (3) 3 (0) 2 (4) sts, knit (3) 3 (0) 2 (4) sts. There are now (105) 111 (123) 129 (139) sts on the needle.

Rib: K1, *p1, k1*, repeat from * to * to end of row.

Work (3) 3 (4) 4 (4) cm in rib as established, End on a WS row.

Break the yarn leaving a tail of yarn approx. 3 times the width of the work.

Bind off using the sewn Italian bind-off technique as follows:

Thread the yarn onto a blunt needle.

1. Insert the needle through the 1st stitch on the left needle as if to purl and pull the yarn through.
2. Insert the needle from the RS and from right to left through the front leg of the 2nd stitch on the needle and pull the yarn through.
3. Insert the needle through the 1st stitch on the left needle as if to purl, pull the yarn through, then let the stitch fall off the needle.
4. Insert the needle between the 1st and 2nd stitch from WS to RS.
5. Insert the needle through the 2nd stitch from RS to WS.
6. Insert the needle through the 1st stitch on the left

needle as if to knit, pull the yarn through, then let the stitch fall off the needle.

Repeat 2-6 until only 1 stitch remains on the left needle.

Finish:

7. Insert the needle through the last stitch from RS to WS.

8. Insert the needle through the last stitch as if to knit, pull the yarn through, then let the stitch fall off the needle.

All the sts have now been bound off. Weave in the ends thoroughly.

Sleeves

Pick up and knit sts along the newly cast-on underarm sts on the body with a 4,5 mm needle and 1 strand of Pernilla and 1 strand of Tilia held together as follows: Cast on 1 stitch, then start in the middle of the underarm sts and pick up and knit (4) 4 (4) 4 (4) sts, ending at the resting sleeve sts, knit across the (36) 41 (45) 49 (53) sleeve sts, then pick up and knit (3) 3 (3) 4 (4) more sts along the underarm sts, cast on 1 new stitch using the backward loop method. There are now (45) 50 (54) 59 (63) sts on the needle.

Work the sleeve back and forth on the circular needle. Knit the first and last stitch of every row.

1st row (WS): K1, purl (1) 1 (1) 2 (2) sts, p2tog tbl, purl to the last 5 sts, p2tog tbl, p2, k1.

There are now (43) 48 (52) 57 (61) sts on the needle.

Continue in stockinette stitch until the sleeve measures (20) 27 (29) 32 (35) cm from the armhole. End on a WS row.

Break the strand of Pernilla and join 2 more strands of Tilia to work the rib edge in 3 strands of Tilia held together.

Change to a 4 mm needle.

Next row (RS): Knit (1) 0 (0) 1 (1) sts, work [k2tog] to the last (0) 0 (0) 2 (2) sts, knit (0) 0 (0) 2 (2) sts. There are now (22) 24 (26) 30 (32) sts on the needle

Rib: *K1, p1*, repeat from * to * to the last 2 sts, k2.

Work (3) 3 (4) 4 (4) cm in rib as established, End on a WS row.

Break the yarn leaving a tail of yarn approx. 3 times the width of the work.

Bind off using the Italian bind-off techniques as follows:

Thread the yarn onto a blunt needle.

1. Insert the needle through the 1st stitch on the left needle as if to purl and pull the yarn through.

2. Insert the needle between the 1st and 2nd stitch from WS to RS.

3. Insert the needle through the 2nd stitch from RS to WS.

4. Insert the needle through the 1st stitch on the

left needle as if to knit and let the stitch fall off the needle.

5. Insert the needle from the RS and from right to left through the front leg of the 2nd stitch on the needle and pull the yarn through.

6. Insert the needle through the 1st stitch on the left needle as if to purl and let the stitch fall off the needle.

Repeat 2 – 6 until 1 (purl) stitch remains on the left needle.

Finish:

7. Insert the needle from the RS and from right to left through the first of the bound off sts and pull the yarn through.

8. Work as 6.

All the sts have now been bound off. Weave in the ends thoroughly.

Work the second sleeve the same way as the first.

Left front edge

Pick up and knit sts along the left front edge from the RS with a 4 mm needle and 3 strands of Tilia held together. Pick up and knit approx. 3 sts for every 4 rows for a total of (59) 67 (71) 73 (81) sts.

Row 1 (WS): P1, *P1, k1*, repeat from * to * to the last 2 sts, p2.

Row 2: K1, *k1, p1*, repeat from * to * to the last 2 sts, k2.

Repeat these 2 rows for a total of 7 rows. End on a WS row.

Bind off in rib.

Right front edge

Pick up and knit sts along the right front edge from the RS with a 4 mm needle and 3 strands of Tilia held together. Pick up and knit approx. 3 sts for every 4 rows for a total of (59) 67 (71) 73 (81) sts.

Row 1 (WS): P1, *p1, k1*, repeat from * to * to the last 2 sts, p2.

Row 2: K1, *k1, p1*, repeat from * to * to the last 2 sts, k2.

Row 3: Work as Row 1.

Row 4 (RS - buttonholes): Work (4) 2 (6) 6 (6) sts in rib, *work a buttonhole across the next 2 sts (see technique at top of pattern), work in rib until there are (8) 10 (10) 10 (12) sts on the needle after the buttonhole *, repeat from * to * to the last (5) 5 (5) 7 (5) sts, work the last buttonhole, then work rib to end of row.

Work 3 more rows of rib. End on a WS row.

Bind off in rib.

Finishing

Sew the sleeve seams. Sew buttons on across from the buttonholes. Weave in all ends. Gently wash the finished work according to the instructions of the yarn label and leave it on a towel on a flat surface to dry.