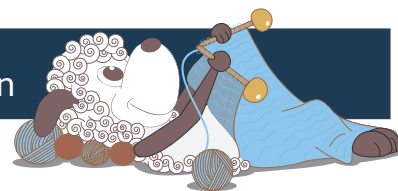


Amager Stand - a gorgeous, long cardigan



Design: Sanne Bjerregaard

Amager Strand (Amager Beach) is located only 5 km from the centre of Copenhagen and is a favourite getaway for Copenhagen residents on hot summer days and evenings. Here Amager Stand has been transformed into a gorgeous, long cardigan with lovely cables down the sleeves and deep, soft pockets. The design is worked in two thin yarns held together, Saga and Tilia, which gives the cardigan a wonderful lightness, while still being very warm and fluffy. A very cosy knit. The designer has lived on the island of Amager, where a part of Copenhagen is located, for most of her life, and now lives quite close to Amager Stand.

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English translation: Signe Strømgaard

Materials

250 (250) 300 (300) 300 (350) 400 g Saga by Filcolana in colour 228 (Smoke Blue)
175 (200) 200 (200) 200 (250) 250 g Tilia by Filcolana in colour 348 (Rainy Day)
4 mm and 4,5 mm circular needle, 80 cm
4 mm and 4,5 mm double-pointed needles (if the Magic Loop technique is not used)
4 stitch markers
10 buttons

Sizes

XXS (XS) S (M) L (XL) XXL

Measurements

Body, chest: 80-85 (86-92) 93-97 (98-104) 105-111 (112-118) 119-126 cm
Sweater, chest: 92 (100) 106 (113) 121 (127) 134 cm
Total length: 80 (81) 82 (85) 89 (92) 94 cm
Sleeve length: 43 (43) 43 (44) 45 (46) 46 cm



Gauge

21 sts and 31 rows in stockinette stitch on 4,5 mm needles with one strand of each yarn held together = 10 x 10 cm.

Directions for knitting

Amager Strand is worked from the top down with cables along the tops of the sleeves. The deep soft pockets are worked simultaneously with the cardigan, so there is very little finishing work. As the design is worked from the top down, the length of sleeves and body are easy to adjust.

Special abbreviations

M1L (Make 1 Left): Insert the left needle from front to back under the horizontal strand between stitches, lift the strand onto the right needle, then knit it through the back loop.

M1R (Make 1 Right): Insert the left needle from back to front under the horizontal strand between stitches, lift the strand onto the right needle, then knit it.

Dec-L: Insert the right needle through the first stitch on the left needle as if to knit, but leave the stitch on the needle, then insert the right needle through the back loop of the second stitch on the left needle and knit through both stitches, letting the stitches on the left needle fall off the needle.

Special techniques

Buttonhole: From the RS work in rib to where the buttonhole is to be worked. Slip the next 2 sts from left to right needle without knitting them, pass the second stitch on the right needle over the first stitch (as for a regular bind-off), slip the first stitch on the left needle to the right needle without knitting it, again pass the second stitch on the right needle over the first stitch. 2 sts have now been bound off. Slip the stitch after the bound off sts to the left needle. Turn the work and cast on 3 new sts using a knitted cast-on, then turn the work back to the RS and slip the first stitch on the right needle onto the left needle without knitting it and work the first 2 sts on the left needle together (knit-wise or purl-wise as the rib pattern shows). Continue in rib to where the next buttonhole is to be worked.

Cable (worked across 12 sts)

Row 1 (RS): Knit.

Row 2: Purl.

Row 3: Knit.

Row 4: Purl.

Row 5: Slip next 4 sts to a cable needle and hold to front of work, k4, k4 from cable needle, k4.

Row 6: Work as Row 2.

Row 7: Work as Row 3.

Row 8: Work as Row 2.

Row 9: Work as Row 3.

Row 10: Work as Row 2

Row 11: K4, slip 4 sts to a cable needle and hold to back of work, k4, k4 from cable needle.

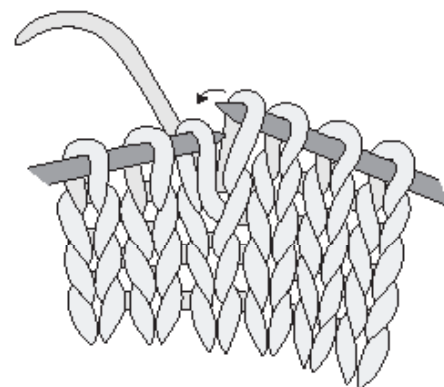
Row 12: Work as Row 2.

Short rows with shadow twins

- from the RS

Turn the work towards you. Insert the right needle through the "back of the neck" of the stitch below the next stitch on the needle as if to knit. Pull the working yarn through to create a stitch.

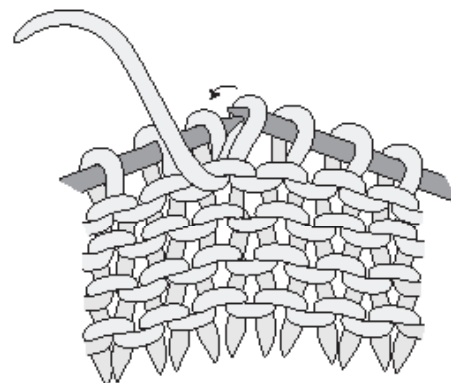
Place this stitch (the shadow twin of the stitch on the needle) onto the left needle. Turn and continue according to the pattern. When the stitch with the shadow twin is worked, the stitch and the twin are worked together as if they were one stitch.



- from the WS

Insert the right needle into the "back of the neck" of the stitch below the next stitch on the needle as if to purl. Pull the working yarn through to create a stitch.

Place this stitch (the shadow twin of the stitch on the needle) onto the left needle. Turn and continue according to the pattern. When the stitch with the shadow twin is worked, the stitch and the twin are worked together as if they were one stitch.



Repeat these 12 rows.

Yoke

Cast on 89 (89) 97 (101) 101 (107) 113 sts on a 4 mm circular needle with 1 strand of each yarn held together. Work back and forth on the circular needle.

Row 1 (WS): P1, *p1, k1*, repeat from * to * to the last 2 sts, p2.

Row 2: K1, *k1, p1*, repeat from * to * to the last 2 sts, k2.

Repeat Row 1 and 2 until the rib measures 4 cm. End on a WS row.

Slip the sts to a 4,5 mm circular needle without knitting them.

Now section the sts for back, front and sleeve and work short rows across back and shoulders as follows:

Next row (RS): Knit 15 (15) 17 (19) 19 (21) 23 sts, M1L, place a marker around the next stitch and knit it (raglan stitch), M1R, place a marker, work row 1 of the cable pattern across the next 12 sts, place a marker, M1L, place a marker around the next stitch and knit it (raglan stitch), M1R, knit 31 (31) 35 (35) 35 (37) 39 sts, M1L place a marker around the next stitch and knit it (raglan stitch), M1R, place a marker, work row 7 of the cable pattern across the next 12 sts, place a marker, M1L, place a marker around the next stitch and knit it (raglan stitch), M1R, turn with twin stitch.

Row 2: Purl to 1 stitch after the last of the marked raglan sts, turn with twin stitch.

Row 3: Knit to raglan stitch, M1L, k1 (raglan stitch), M1R, knit to marker, work row 3 of the cable pattern to next marker, knit to raglan stitch, M1L, k1 (raglan stitch), M1R, knit to next raglan stitch, M1L, k1 (raglan stitch), M1R, knit to marker, work row 9 of the cable pattern to next marker, knit to raglan stitch, M1L, k1 (raglan stitch), M1R, knit to twin stitch, knit twin stitch turn with twin stitch.

Row 4: Purl and work row 10 of the cable pattern to twin stitch, purl twin stitch on left front, turn with twin stitch.

Row 5: Work as Row 3, but work next rows of cable pattern.

Row 6: Work as Row 4, but work next rows of cable pattern.

Row 7: Work as Row 3.

Row 8: Work as Row 4.

Continue as established repeating the rows of the cable pattern and working increases and short rows until a total of 5 short row turns have been worked on both fronts. There are now 9 (9) 11 (13) 13 (15) 17 sts left on each front after the last twin stitch.

Now work 4 rows in the same way, only working 1 stitch after the last twin stitch before turning again. There are now 5 (5) 7 (9) 9 (11) 13 sts left on each front after the last twin stitch.

Only size S (M) L (XL) and XXL

Now work 2 rows in the same way, only working 2 sts after the last twin stitch before turning again. There

are now - (-) 4 (6) 6 (8) 10 sts left on each front after the last twin stitch.

Only size (XL) and XXL

Now work 2 (4) rows in the same way, only working 2 sts after the last twin stitch before turning again. There are now - (-) - (-) - (5) 5 sts left on each front after the last twin stitch

All sizes

The short rows have now been completed. Now work back and forth across all the sts on the needle. Continue until a total of 26 (30) 30 (32) 34 (36) 38 raglan increase rows have been worked. End on a WS row.

There are now 41 (45) 47 (51) 53 (57) 61 sts on each front, 64 (72) 72 (76) 80 (84) sts on each sleeve and 83 (91) 95 (99) 103 (109) 115 sts on the back. There are now a total of 297 (329) 337 (357) 373 (395) 417 sts on the needle incl. the 4 raglan sts.

Now divide the sts for body and sleeve, noting which rows in the cable pattern you have gotten to, so you know which row to work next on the sleeves.

Body

Next row (RS): Knit to raglan stitch, knit raglan stitch, place the sleeve sts between the raglan sts on a stitch holder, cast on 8 (8) 10 (12) 16 (16) 16 new sts using a knitted cast-on, knit raglan stitch, knit across back to next raglan stitch, knit raglan stitch place the sleeve sts between the raglan sts on a stitch holder, cast on 8 (8) 10 (12) 16 (16) 16 new sts using a knitted cast-on, knit raglan stitch, knit across front. There are now a total of 185 (201) 213 (229) 245 (259) 273 sts on the needle for the body.

Continue straight in stockinette stitch until the work measures 52 (52) 53 (55) 57 (58) 58 cm measured mid back from the cast-on edge. End on a RS row. Next row (WS): Purl 7 (9) 10 (11) 13 (15) 17 sts, place marker, purl 33 (33) 33 (37) 37 (37) 37 sts, place marker, purl to the last 40 (42) 43 (48) 50 (52) 54 sts, place marker, purl 33 (33) 33 (37) 37 (37) 37 sts, place marker, purl to end of row.

Pockets

Next row (RS): Knit to first marker, slip marker, knit to next marker, turn.

Now work back and forth across the 33 (33) 33 (37) 37 (37) 37 sts between the 2 markers in stockinette stitch until the pocket lining measured 35 cm. End on a WS row.

Work 5 cm in rib (p1, k1). End on a WS row.

Next row (RS): Knit across pocket sts, continue across the resting sts for front, back and front to the last marker. Turn the work and work back and forth in stockinette stitch across the 33 (33) 33 (37) 37 (37) 37 sts between the last 2 markers until the second pocket lining the same way as on the first. End on a WS row. Turn and knit to end of row.

Next row: Purl to marker, *slip marker, work across

pocket sts in rib (k1, p1), slip marker*, purl to next marker, repeat from * to *, purl to end of row.

Continue straight in stockinette stitch with rib across the pocket sts until the rib measures 5 cm, from where the pocket linings were joined to the rest of the work. Remove the markers on the last row. Now continue in stockinette stitch across all sts until the work measures 20 (21) 21 (22) 24 (26) 26 cm from the top edge of the pockets. End on a WS row. Next row (RS): K1, *k1, p1*, repeat from * to * to the last 2 sts, k2. Next row: P1, *p1, k1* repeat from * to * to the last 2 sts, p2. Repeat these 2 rows until the rib hem measures 8 cm. End on a WS row.

Break the yarn leaving a tail of yarn approx. 3 times the width of the work.

Bind off using the sewn Italian bind-off technique as follows:

Thread the yarn onto a blunt needle.

1. Insert the needle through the 1st stitch on the left needle as if to purl and pull the yarn through.
2. Insert the needle from the RS and from right to left through the front leg of the 2nd stitch on the needle and pull the yarn through.
3. Insert the needle through the 1st stitch on the left needle as if to purl, pull the yarn through, then let the stitch fall off the needle.
4. Insert the needle between the 1st and 2nd stitch from WS to RS.
5. Insert the needle through the 2nd stitch from RS to WS.
6. Insert the needle through the 1st stitch on the left needle as if to knit, pull the yarn through, then let the stitch fall off the needle.

Repeat 2-6 until only 1 stitch remains on the left needle. Sew the last stitch as 3.

All sts have now been bound off. Weave in the end.

Sleeves

Pick up and knit sts from the RS with a 4,5 mm circular needle and one strand of each yarn held together. Start in the middle of the bottom of the armhole and pick up and knit 4 (4) 5 (6) 8 (8) 8 sts along the cast-on sts underarm sts on the body, knit across the resting sleeve sts continuing the cable pattern between the markers, then pick up and knit 4 (4) 5 (6) 8 (8) 8 more sts at the underarm. Join in the round and place a marker for the beginning of the round. There are now a total of 72 (80) 82 (88) 96 (100) 104 sts on the needle.

Only size L (XL) and XXL

Work 10 rounds in stockinette stitch and cable pattern.

Decrease round (RS): K1, k2tog, knit and work cable pattern to the last 3 sts, dec-L, k1.

Work a decrease round every - (-) - (8) 5 (5) 4 cm a total of - (-) - (3) 6 (6) 8 times. There are now a total

of - (-) - (82) 84 (88) 88 sts on the needle.

All sizes

Continue in stockinette stitch and cable pattern until the sleeve measures 38 (38) 38 (39) 40 (41) 41 cm from the armhole. End on a WS row.

Next round: Knit 2 (0) 1 (1) 2 (0) 0 sts, *k2tog*, repeat from * to * to the last 2 (0) 1 (1) 2 (0) 0 sts, knit 2 (0) 1 (1) 2 (0) 0 sts. There are now a total of 38 (40) 42 (42) 44 (44) 44 m.

Change to a 4 mm circular needle.

Next round: *K1, p1*, repeat from * to * to end of round.

Repeat this round until the rib measures 5 cm. Bind off using an Italian bind-off as follows:

Break the yarn leaving a tail of yarn approx. 3 times the circumference of the work.

Thread the yarn onto a blunt needle.

1. Insert the needle through the 1st stitch on the left needle as if to purl and pull the yarn through.
 2. Insert the needle between the 1st and 2nd stitch from WS to RS.
 3. Insert the needle through the 2nd stitch from RS to WS.
 4. Insert the needle through the 1st stitch on the left needle as if to knit and let the stitch fall off the needle.
 5. Insert the needle from the RS and from right to left through the front leg of the 2nd stitch on the needle and pull the yarn through.
 6. Insert the needle through the 1st stitch on the left needle as if to purl and let the stitch fall off the needle.
- Repeat 2 – 6 until 1 (purl) stitch remains on the left needle. Sew the last stitch as 3.
- All sts have now been bound off. Weave in the end.

Work the second sleeve the same way as the first.

Left front edge – with buttons

Start at the corner of the neck edge and pick up and knit sts with a 4 mm circular needle and one strand of each yarn held together. Pick up and knit approx. 3 sts for every 4 rows along the left front edge, for a total of 151 (151) 153 (155) 159 (169) 169 sts.

Row 1 (WS): P1, *p1, k1*, repeat from * to * to the last 2 sts, p2.

Row 2: K1, *k1, p1*, repeat from * to * to the last 2 sts, k2.

Repeat Row 1 and 2 another 4 times.

Bind off in rib on the next row (WS).

Right front edge - buttonholes

Start at the corner of the hem rib edge and pick up and knit sts with a 4 mm circular needle and one strand of each yarn held together. Pick up and knit a total of 151 (151) 153 (155) 159 (169) 169 sts along the right front edge.

Row 1 (WS): P1, *p1, k1*, repeat from * to * to the last 2 sts, p2.

Row 2: K1, *k1, p1*, repeat from * to * to the last 2

sts, k2.

Repeat Row 1 and 2 once more. Repeat Row 1 one more time.

Row 6 (buttonholes) (RS): Work 2 (2) 4 (6) 10 (2) 2 sts in rib, *work buttonhole across the next 2 sts (see top of pattern), work in rib until there are 14 (14) 14 (14) 14 (16) 16 sts on the needle after the buttonhole *, repeat from * to * to the last 5 sts, work the last buttonhole, work in rib to end of row.

Work 3 more rows in rib.

Bind off in rib on the next row (WS).

Finishing

Weave in the ends and sew in the buttons across from the buttonholes. Sew the sides of the pocket pouches and carefully tack the corners to the WS of the fronts.

Using vertical basting stitches and 1 strand of Tilia, sew the two layers of the rib edge along the row of purl sts at either end of the rib edge. IF there are holes where the pockets join at the top, close these from the WS.

W the cardigan according to the instructions on the yarn label. Lay it flat on a towel to dry.